

# GREAT LAKES BULLETIN

## AROUND NAVSTA



### NEW HOUSING

First tenants move in.  
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## MLK CELEBRATIONS



### SINGING PRAISE

Dr. King remembered.  
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## Chief of Naval Personnel visits Great Lakes

### Vice Adm. Harvey 'fired up' over Battle Stations 21



Photo by MC1(AW/SW) Virginia K. Schaefer-Ward, NSTC Public Affairs.

During a tour at Recruit Training Command, Chief of Naval Personnel, Vice Adm. John C. Harvey enjoys pizza with recruits who graduated boot camp Jan. 12.



# About us Great Lakes BULLETIN

Volume 83, No. 3

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## EDITORIAL

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## Factual accuracy

Accuracy is important to us at the **GREAT LAKES BULLETIN** and we want to correct mistakes promptly. If you believe a factual error has been published, please bring it to our attention. Call Paul Engstrom at 847-688-4808

# Training Support Center to honor King today

By **SUSAN M. KOERNER**  
Training Support Center

Training Support Center (TSC) Sailors will honor Martin Luther King, Jr. in a program today at 11 a.m. in Fellowship Hall of Bldg. 3. The program is open to all Great Lakes staff. Cmdr. Gerald Felder, TSC chaplain, will be the keynote speaker.

"It's a small price to pay, to take an hour out of your day to remember all the time everyone spent during Martin Luther King's time, working so that we could have the rights and freedoms we have today," said FC1 Avelonia Turner, one of the members of the planning committee for today's event.

"We see an individual who did a lot in his fight, a non violent fight, of liberation, of unity and equality," said Felder.

"In our society today, we see that women and minorities have made great strides and are in very prominent positions in our government, such as the number of women who are senators and representatives. I think this is a direct reflection of the contributions Martin Luther King made," said Felder.

"A lot of people think that it is only about blacks, but when you saw him marching, he was marching with Jews, Catholics, women and whites. He was a man who tried very hard to liberate people from social slavery, the slavery of inequality. So I think it's important for us all to come together and learn about his background."

King, who would have been 78, is best known for his leadership in the American civil rights movement during the 1960's, being the youngest man awarded the Nobel Peace prize

in 1964. In 1986, his birthday was established as an official U.S. holiday.

The program will also feature static displays and a video clip of King's well-known "I Have A Dream" speech, delivered on the steps of the Lincoln Memorial in Washington, D.C., in 1963. King was assassinated in Memphis Tennessee on April 4, 1968.

The presentation is the first in a series of observances that will include Black History Month, Women's History Month and others throughout the course of the year. "The main purpose for these events is education. It is a good opportunity for individuals to share a piece of their culture with those from other cultures," said ATCS Tom Lathrop, TSC Equal Opportunity Advisor. "I don't know of anyone more instrumental in getting dramatic

change for civil rights for everyone as Martin Luther King."

Students in the various TSC schools will be able to participate in events at their school houses and have access to static displays and other presentations as the year progresses. "The value of heritage events is to introduce some people to a culture they may not have ever had experience with. It's an opportunity to share some of one culture's lifestyle and rituals with everyone else," explained Lathrop.

Black History Month will be observed in February, Women's History Month will be observed in March.

Attendees are invited to stay for a pot luck meal following today's program. "Don't worry if you don't have any food to bring, come anyway," urged Lathrop.

## TPU Sailors celebrate Martin Luther King, Jr. Day



Transient Personnel Unit, Great Lakes held their annual Martin Luther King, Jr. Ceremony on Friday, January 12. More than 50 Sailors attended. Pictured are (from left to right) SH2(SW) Romeanna Hogan, who presented the tribute to Dr. King, SN Domenic Watts, SN Danielle Martinez, and CMDMC(SS) Richard Marlinga.

Photo courtesy of TPU



# New housing welcomes first Navy family

BY JUDY R. LAZARUS  
Bulletin Associate Editor

Tuesday was a big day for members of the Lewis family when they became the first occupants of Forest City Residential Management's new homes in Forrestal Village.

"I'm just ecstatic," said Tina Lewis, who, along with her husband MM1 Richard Lewis, 11-year-old Nathan and 15-year-old Hayley, looks forward to the next two years in the roomy, modern three-bedroom home. "This is up-to-date and so much more," she said. "We're thrilled with it."

Referring to Forest City neighborhood manager Lisa

Hall, Tina Lewis said, "She has been so gracious, and helpful, and has answered all of our questions."

"This is a huge milestone for the Great Lakes Community," declared Capt. Richard Postera, commanding officer, Naval Station Great Lakes, who was on hand for the family's house walk-through last week.

"It is an important project," he said. "It took Naval Station, NAVFAC, Navy Region Midwest, CNIC (Commander Naval Installation Command), and our partner Forest City to pull this all together."

"The smiling faces in this house show it was worth the



Photo by Judy R. Lazarus

The last of the family's possessions are moved into the Lewis' new home in Forrestal Village.



Photo by Paul Engstrom

Petty Officer Richard Lewis; son, Nathan; wife, Tina and daughter, Hayley in their new kitchen.

## 2007 will see a more visible and unpredictable urinalysis testing

FORCM (SS/SW) DEAN IRWIN  
COMSUBFOR

As we look forward to an exciting new year many Sailors are looking to accomplish new goals and set the scene for where they are headed in 2007.

With high expectations from senior leaders and peers it is easy for many Sailors to develop unhealthy habits in the process of tackling their newly established efforts. Two of the most common habitual habits come into play when drugs and alcohol are consumed.

To help decrease drug attri-

tion in the new year Sailors can expect a highly visible and unpredictable urinalysis testing schedule. This method of deterrence has been used across the fleet raising urinalysis compliance 13 percent since last fiscal year. The increase in compliance resulted in a 19 percent decrease in drug attrition last year alone.

Consider how detrimental incidents of drug and alcohol abuse are to a Sailor's career and personal life. The negative effects are placed not only on the Sailor but also impact mission readiness.

To aid in the awareness and prevention Sailors are encouraged to support the overall goal of reducing drug and alcohol attrition. Documentation of DUI offenses in member's annual evaluations and putting measures in place, such as the Safe-Ride programs and command awards for an established number of days without an alcohol related incident, can make the difference in maintaining good order and discipline.

The use of alcohol should be done with safe and responsible behavior. Be safe and let's have a great 2007!

wait," the captain said. "It's awesome. This will help us make Great Lakes a destination of choice for Sailors."

"We've always had good and decent housing at Great Lakes," said Gene Barnes, program director, Family Housing Program, Navy Region Midwest. "Now we have outstanding housing at Great Lakes, especially for our junior personnel. These houses compare with any military housing world-wide. And it's just great for our Sailors and their families."

"It's been 31 years since we've had new family housing construction at Great Lakes," Barnes noted. "It's super to see what Forest City has put up in a year's time."

"Sometimes military housing gets a bad rap," said Petty Officer Lewis, who has been in the Navy almost 15 years and is a recruit division commander

(RDC). "Maybe this will change some views."

The new homes are great for families, he noted, "Especially for those of RDCs who work such long hours. It makes it easier on us," he added.

The two-story house includes a modern kitchen, living room, dining area, half-bathroom, and a two-car garage; as well as two full baths, a laundry area, a storage room and three bedrooms upstairs.

"This house is perfect. I really like it," said Nathan, who is pleased with his three-window bedroom.

"Our old house was good but this one is bigger and has new appliances," said Hayley, who is especially impressed with her bedroom's extremely large walk-in closet.

"I want all military families to get this kind of house," Tina Lewis said. "It's great to have rewards like this."

### Housing residents must sign for available no-cost renters insurance

All servicemembers who reside in Forest City Family Housing effective Jan. 1, 2007 wishing to take advantage of the renter's insurance provided by Forest City at no cost to them must contact State Farm and sign up for it.

The \$20,000 policy is included in the lease. However, it is necessary for the resident to sign up for the policy due to the Fair Credit Reporting Act guidelines.

Residents may contact any of the three Forest City offices or they may contact Jim Turner, Forest City's State Farm insurance representative, at (847) 869-1100.



# Legacy of King celebrated

By JUDY R. LAZARUS  
Bulletin Associate Editor

Naval Station Great Lakes and Navy Region Midwest celebrated the life and legacy of Martin Luther King, Jr. on Jan. 12, on the quarterdeck of Bldg. 1.

King's work was the culmination of many generations of struggle and sacrifice, said guest speaker CMDCM(SW/AW) Ali Nelson, NAVASTA command master chief. "We celebrate the life and legacy of a man who brought hope and healing to a nation," he declared.

The master chief referred to the Golden 13, the first black

naval officers "who succeeded convincingly - they had to," he noted. "The Golden 13 and Dr. King faced many challenges and surmounted them. The ideals of Dr. King did not die with him," Nelson said. "Today we remember a great American's words and rededicate ourselves to his dream."

During the observance musical selections were provided by Training Support Center Choir members FC3 Lashonda Bramlet, who sang "Amazing Grace" and and FCSN Danielle Davis, who sang the National Anthem.

In closing comments, Rear Adm. Jon Bayless, Commander, Navy Region Midwest, said that,

"We should think about all the work that Dr. King started, and the work he left for us to finish.

"We are an imperfect society, we are in a constant struggle to meet a standard we set for ourselves," the admiral said. "We must meet the promises that the constitution guarantees.

"We continue to reach for the high ground, Bayless noted, adding that Americans are held accountable to standards. "Every man and women should be treated with respect," he said.

"Dr. King taught us about hope and healing. All the powers of evil are no match for those armed with eternal truths."

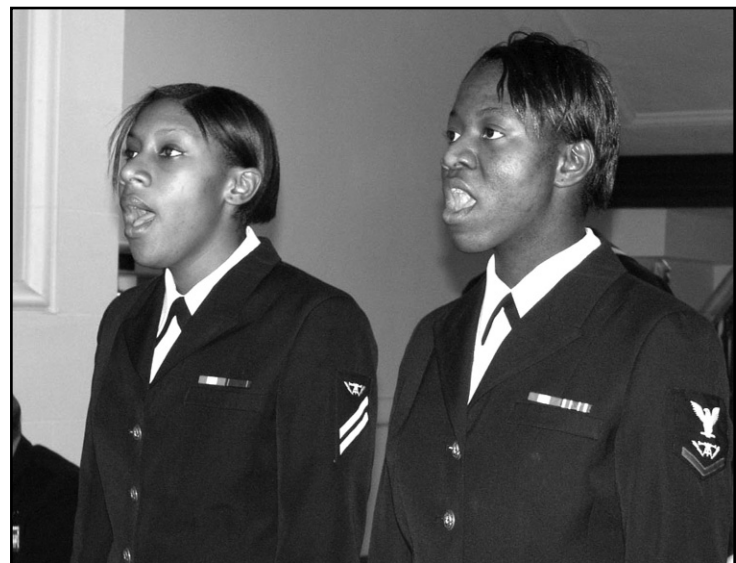


Photo by Judy R. Lazarus

TSC Choir members FCSN Danielle Davis, left, and FC3 Lashonda Bramlet sang at last week's Martin Luther King, Jr. holiday observance.

## TSC students volunteer for Lake County homeless

By SUSAN M. KOERNER  
Training Support Center

It may be one of the mildest Chicago winters on record, but the need for food and shelter hasn't let up. Bolstered by the volunteer efforts of Training Support Center (TSC) students and staff, Lake County's Public Action to Deliver Shelter (PADS) program continues to provide a warm meal and safe place to sleep for those needing a helping hand.

"We have a lot of student support," said GMC Jose Pena, one of the volunteer coordinators. "Often these students are up through the night, then they

come back and attend school the next morning."

"I had fun there, helping people," said ETSN Richard Ruiz, one of the volunteers. "It's good to get to know the people, and realize that a lot of them are trying to straighten out their lives and get themselves off the streets. It's just nice to be there to give them some warm food and some comfort with a good place to sleep."

Up to eight students per night muster at the North Chicago VA Medical Center on Green Bay Road, where they, along with the guests, travel to various churches and community centers.

"The volunteers help with

setting up dining areas, serve meals, help set up sleeping pads and pass out linens," said Pena. "In the down time after the meal, they can visit with the guests, just talking with them to help them feel more comfortable being there." Volunteers also take turns providing security during the night, trading off sleeping and watch, much like standing duty.

"I was surprised to see a lot of families," said ETSN James Cooper. "I have three children of my own, so it was hard to see children without a place to stay. A lot of the guests have jobs and cars, just no place to sleep at night."

This is the ninth consecutive

year Sailors have supported the PADS program. The Lake County program is an emergency shelter program, which provides a safer sleeping environment and warm meals to area homeless. The program runs each year from October 1 through April 30.

Both volunteers agreed that once the ice was broken, the guests and Sailors relax and enjoy the time together. "They are a little apprehensive at first, but once they get to know us and we get to know them, they are very happy that we are there," said Cooper.

Behind the scenes, TSC staff also help the effort by serving as

mentors to the volunteers. "GSE2 Triet Doan serves as a mentor and coordinates the volunteers, and makes sure they get to the VA," said Pena.

Those who volunteer are recognized by the command for their efforts, although Pena says many participants get a lot of satisfaction from the program. "They'll go once and see what it's all about, then they start going regularly because they can see that it's really for a good cause." Both Ruiz and Cooper plan on continuing to volunteer with the PADS project. "It felt really good to go and help people out, to lend them a helping hand," said Cooper.

## NCVAMC celebrates King's legacy

By NCVAMC PUBLIC AFFAIRS

On Thursday, Jan. 11, the North Chicago VA Medical Center held its program to honor and celebrate the life and legacy of Dr. Martin Luther King, Jr. The event, "In The Spirit of Justice and Equality: Remember, Celebrate, and Act," included several leaders and youth from the local community.

Guest speaker at the event was Aurie A. Pennick, executive director of the Field Foundation of Illinois. Marian F. McElroy, president of NAACP Lake County Branch and Sharon Epps, poet and author, also participated in the program.

Pennick, spoke of when she first visited the North Chicago VA Medical Center many years ago, how she relocated from the Chicago area to Grayslake in the

early 1970s, and her first-hand experience visiting the areas destroyed by Hurricane Katrina.

She said that we have come a long way in equality, but still have a longer road ahead. She encouraged all to "move your feet and act" to help accomplish Dr. King's dream of a vibrant, multiracial nation united in justice, equality, peace and reconciliation.

Shelby Obleton, a student at Columbia College and a member of the Waukegan Community Church performed as did the children from Christian Academy in Waukegan, who sang, danced and a did a skit about the Oprah Winfrey Show. The children represented many African-American citizens whom have achieved great accomplishments, such as Condoleezza Rice, Colin Powell, Barack Obama, Micheal Jordon, and Muhammed Ali.



Photo courtesy of NCVAMC

Children from Christian Academy in Waukegan, sang, danced and did a skit about the Oprah Winfrey Show.



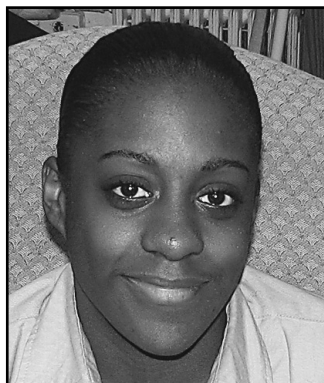
## Readers Speak Out

This week the Bulletin asks its readers, "You have probably heard the expression, 'They could not pay me enough to do that job.' What job would that be for you and why?"



"Working at a morgue. I am terrified of anything that deals with that subject."

GSM2 Brittani Figueroa



"I could not do anything with garbage, because you do not know what people throw away."

MM3 Deena Taylor



"Working in a refinery, because of the fumes."

EN3 Tasia Young



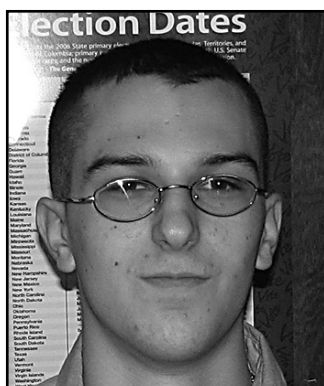
"I would not want to be surgeon, because I could not get into the idea of cutting people up."

MM3 Camia Chambers



"Janitorial jobs, because we don't get paid enough."

SR Lejo Samuel



"Nuclear engineer, because it takes too much study time."

SA Emanuel Swoboda

## Great Lakes Tykes

**Name:**  
Avery Ramsden and Marissa Ramsden

**Age:**  
4 (Avery and Marissa)

**I live with:**  
Mommy, daddy and two cats (Avery and Marissa)

**My pets are:**  
Charlie and Nate (Avery and Marissa)

**I help around the house by:**  
I put away my books alone (Avery); I clean my room (Marissa)

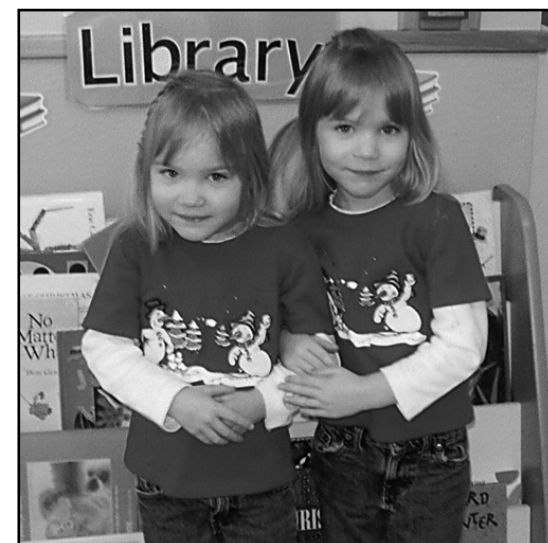
**My favorite book is:**  
Rudolph (Avery); Nurse Nanny (Marissa)

**My favorite cartoon is:**  
My Little Pony (Avery); Caillou (Marissa)

**My favorite food is:**  
Yogurt (Avery); Carrots (Marissa)

**My favorite toy or game is:**  
Fishy (Avery); Monkey Game (Marissa)

**My favorite color is:**  
Red (Avery); Pink (Marissa)



Avery and Marissa Ramsden

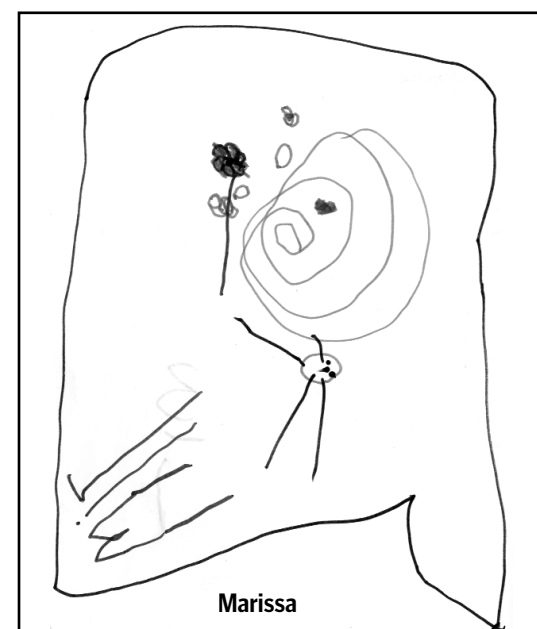
**My favorite thing to do is:**  
Play in the snow (Avery); Help mommy clean house (Marissa)

**When I grow up I want to:**  
Be a firegirl (Avery); Drive a golf cart (Marissa)

**My picture is of:**  
Petals and a fire (Avery); Bad guy is going to take the flower from the garden (Marissa)



Avery



Marissa

# NMCRS volunteers needed

The Great Lakes Navy and Marine Corps Relief Society is looking for volunteers. By volunteering you can help a fellow Sailor or Marine and:

- Receive reimbursement for childcare expenses and mileage
- Help people with an emergency need
- Build your resume

•Develop new skills or improve on existing talents

They are now interviewing for the following volunteer positions:

- Thrift Shop workers who accept and organize donated items for resale through the NMCRS Great Lakes Thrift Shop.
- Receptionists who provide

information, greet clients, and process data.

•Caseworkers who listen to requests, make decisions and disburse funds to meet client needs.

Contact Navy-Marine Corps Relief Society Great Lakes for an application or call for more information at (847) 688-6830.



## INFORMATION, TICKETS & TRAVEL

Building 400, 688-3537

*Hours of Operation*  
**Mon.-Fri.:** 10 a.m.-5 p.m.  
**Sat.:** 9 a.m.-1 p.m.  
**Sun. & Holidays:** Closed

### Australia...

Planning to visit the land down under? ITT can assist you with airfare, tour packages and 3, 4 and 5 star accommodations at unbelievable prices! Visit the ITT Australia Web site: [www.ittaustralia.com](http://www.ittaustralia.com) or call for details, today!

### Chicago Wolves Hockey

For the fourth straight year, the Chicago Wolves and the MWR Department are offering 100 free tickets to each and every home game at the Allstate Arena in Rosemont, Ill. All eligible MWR customers may stop by the ITT Office to sign-up (at least two days prior to the game of choice) to receive a voucher (good for up to four tickets) for any home game per month (additional tickets are permitted if availability exists). Customers must present the voucher at the Arena's VIP ticket window on the day of the game to receive their free tickets.

### MWR Travel Plus...

The MWR Department's ITT Office operates a full service Leisure Travel Office - MWR Travel Plus! Services include air travel at special military discounts; emergency and dependant travel; off-duty and leave (vacations); and tours and cruises, many at military discounts. A drop phone is available at the ITT Office, which may be used for travel information anytime during regular operating hours.

MWR Travel Plus may be reached directly at (800) 905-9330; they may also be found on the web at [www.travelplusinc.com](http://www.travelplusinc.com). MWR Travel Plus "In Person" Hours (when airline tickets may be purchased) at the ITT Office, Mondays, Wednesdays & Fridays; 10 a.m.-5 p.m. Itineraries may be picked up at

the ITT office. Hours the phone service will be in operation Monday-Friday, 8:30 a.m.-5 p.m.

### Quality Inn Waukegan

Quality Inn Waukegan is offering low rates to all base personnel, family and friends. Enjoy a complete deluxe continental breakfast bar and newly renovated rooms with special Military rates from \$49/night, located only three miles north of the base at 619 South Green Bay Rd. For reservations, call (847) 662-3200.

### America's Action Territory

America's Action Territory is the "Midwest's Finest Family Entertainment Center," offering go-karts, bumper boats, mini-golf, and more! year-round, customers will enjoy a 15,000-foot arcade/redemption area, as well as laser tag, inflatables and more. Located in Kenosha, Wisc. (off Hwy. 50 and I-94), Action Territory offers a 10 percent military/government discount with a proper I.D. In addition, the ITT Office now offers discount packages to save even more money! Check out the savings at the ITT Office (Bldg. 400) or call 688-3537 for further details. Discount packages include a wristband special of three games of laser tag/20 game tokens and a slice of pizza and a soda. Kids indoor wristband offers unlimited use of the indoor inflatable games, 20 game tokens and a slice of pizza and a soda.

### Ramada-Waukegan

The Ramada-Waukegan, located at 200 N. Green Bay Road, offers all Great Lakes staff, recruits and families a special \$79 rate. Six Flags packages are also available with discounted tickets to the park, hot breakfasts and overnight stays included. Enjoy our variety of amenities: Indoor pool, hot tub, sauna, gift shop, exercise room, restaurant and lounge. Please call (847) 244-2400 to book your next overnight stay

at the Ramada-Waukegan.

### Military Ticket Vouchers (MTV)

Through the Military Ticket Vouchers (MTV) program, ITT Offices can provide their customers discounted pre-paid admission to theatres, theme parks, museums and other attractions throughout North America. Military Ticket Vouchers can also be used to save significantly on the cost of lodging reservations at hotels and resorts throughout the U.S. Call today for a list of attractions at 688-3537.

### Welcome Lodging

Welcome Lodging of Waukegan is offering extra low rates for all base personnel-starting at \$49.99/night, which includes their fabulous breakfast bar. Quality rooms may be enjoyed at a great price and located just three miles north of the base at 619 S. Green Bay Rd. Call (847) 662-3200 for reservations today! Use code "NVGL" when booking your reservations. [www.welcomelodging.com](http://www.welcomelodging.com)

### Holiday Inn Hotel & Suites Chicago Downtown

Now serving Great Lakes with discounted rates from \$89/Night (king or two double beds). Located on Harrison St. at Canal St., four blocks south of the METRA Kenosha North Line stop and two blocks from Amtrak/Union Station, Greyhound Terminal, and Scarlett's. Hotel features an outdoor rooftop pool & deck and Aurelio's Pizza & Lounge. Sears Tower, Greek Town, Grant Park, the Museum Campus, and the Lakefront are all minutes away. Clinton "L" stop of the CTA Blue Line is located at the base of the hotel.

Offer subject to availability. Stop by the ITT Office for additional information or visit [www.hidowntown.com](http://www.hidowntown.com). For advance reservations, call (312) 957-9100 and ask for the NAVY rate.

# MWR SKI TRIPS!

Enjoy Great Ski Trips & Save Money Through MWR ITT!



- |  |                      |                    |
|--|----------------------|--------------------|
| • Fri., Jan. 19, 3 pm-11 pm                    | Wilmot Mountain      | \$55/person        |
| • Sun., Jan. 28, 9 am-6:30 pm                  | Alpine Valley        | \$55/person        |
| • Fri., Feb. 2, 3 pm-11:30 pm                  | Wilmot Mountain      | \$55/person        |
| • Sat., Feb. 17-18<br>7 am (Sat.)-10 pm (Sun.) | *Nordic Mountain     | \$180/\$160 person |
| • Sun., Feb. 25, 9 am-5 pm                     | Highlands of Olympia | \$45/person        |

For details, call the ITT Office (Bldg. 400) at 688-3537.

All trips include transportation, lift ticket and rentals.

\*Nordic Mountain trip includes one night's accommodation in a double room & two days of snowboard rentals, cost \$180 (or ski rental \$160).



# ★ ROSS ★ THEATER

**Movies: \$2-Adult (Military or DOD)**

**\$1-Child (ages 6-11), Free-Under age 6**

Ross Theater is located in Bldg. 110 and is open to everyone. Children 17 years of age and under trying to gain access to a "R-Rated" movie must be accompanied by an adult.

**GREAT MOVIES AT A GREAT PRICE!**

**Fri., Jan. 19  
6 p.m.**



**Stranger  
than  
Fiction**

**PG 13~For some disturbing images, sexuality, brief language and nudity. (113 Min.)**

**Fri., Jan. 19  
8:30 p.m.**



**the  
nativity  
story**

**PG~For some violent content. (100 Min.)**

**Sat., Jan. 20  
6 p.m.**



**HAPPY  
FEET**

**PG~For some mild peril and rude humor. (100 Min.)**

**Sat., Jan. 20  
8:30 p.m.**



**DEJAVU**

**PG 13~For intense sequences of violence and terror, disturbing images and some sensuality. (126 Min.)**

**Sun., Jan. 21  
3:30 p.m.**



**UNACCOMPANIED  
MINORS**

**PG~For mild rude humor and language. (90 Min.)**

**Sun., Jan. 21  
6 p.m.**



**Deck  
The Halls**

**PG~For some crude and suggestive humor, and for language. (93 Min.)**

The movie schedule is subject to change without notice.

For up-to-date information,  
 call the MWR Scoop Line at 688-2110, ext. 697,  
 24 hours-a-day or check the web site at

[www.mwrgl.com](http://www.mwrgl.com)





● **CHAPLAIN' S CORNER**

# Shift Colors and worship with the faith of your choice

By **CAPT. LEWIS BROWN**  
CHC, USN

When a U. S. Navy ship leaves homeport or a port-of-call, word is passed to all hands, and to those within hearing, "Shift colors, the USS \_\_\_ is underway."

The national ensign waves atop the mast indicating to all observers that this ship sails as an entity unto itself, under the protection of the U. S. A. When the ship weighs anchor or is moored to a pier, again the announcement is made, "Shift colors." The ensign is placed astern, while at the stem is placed the "jack flag." The jack flag is the blue field with fifty stars, taken from the national ensign. This means that the ship is part of a community, and that now boarding and unboarding is allowed.

Ironically, the signal for boarding comes from pirate

days. When pirates converged on their hapless prey, the noise was so great that a visual signal was necessary. The "blue papa" was hoisted when it was time for the pirates to board and subdue.

The U. S. Navy likes the idea that no one shall board one of its ships with hostile intent, nor unboard without permission. The Navy also knows that at anchor or pierside, ordinary commerce must take place. The crew deserves liberty, reunion with family and friends. The placing of the jack flag at the front of the ship says, "We are not at sea, a projection of military presence. We are among friends."

Attending religious services with family and friends is one of the activities shipmates can participate in when the jack flag is in place. The freedom to belong to the community life of church, temple, synagogue or mosque is possible because U. S. Navy ships shift colors.

## Lake County Council Navy League hosts annual meeting

The Lake County Council of the United States Navy League will hold its annual meeting on Sunday, Jan. 21 at Tony's Pisans Ristorante in Gurnee.

Capt Annie B. Andrews, commanding officer of the Recruit Training Command, Naval Training Center, Great Lakes will be the guest speaker at the event.

Grayslake will be installed as the new council president.

The Navy Band Great Lakes is scheduled to entertain at the event. Several local citizens will receive awards for their community participation during the past years.

George Greene will give a presentation of Commodore Oliver Hazard Perry's USS Niagara award.

Fergal Gallagher of

# Grade school math competition coming to College of lake County

The Lake County Chapter of ISPE (Illinois Society of Professional Engineers) along with assistance provided by the Lake Michigan Post of Society of American Military Engineers (SAME) will conduct the 2007 Mathcounts competition for 6th-, 7th- and 8th-grade students from the Lake and McHenry Counties on Saturday, Feb. 17. at the College of Lake County, Bldg. C, Auditorium C005, 19351 W. Washington Street, Grayslake. The Auditorium is on the south side of the campus with parking in the staff parking lot off of Brae Loch Road being the most convenient.

Registration is at 8 a.m. with the competition commencing at 9 a.m. and grading beginning at 9:30 a.m., room C130.

Volunteers are needed for grading. Those who volunteer are encouraged to stay until the grading is done at or before 1 p.m. or they can stay and enjoy the countdown round and the awards ceremony. To volunteer for this event please contact the ISPE local chapter George Capaul, P.E., 7 Hawley Court, Grayslake, Ill. 60030 or phone (847) 223-5645 (home); (847) 741-3500 (work) or e-mail at gcapaul@dls.net.

The State of Illinois com-

petition is to be scheduled for Saturday, March 10 at the Holiday Inn, 500 Holiday Plaza Drive, Matteson, Ill. which is located off I-57 and Route 30.

Registration will begin at 8:30 a.m. with testing at 9:45 a.m. Grading will be at 10 a.m. Lunch will be provided for the participants and the volunteers. The awards will be presented at about 2 p.m. followed by an ice cream social. To volunteer for the State competition please contact Ken Endress, Lake Michigan Post Outreach chair at (847) 688-5491 or e-mail him at ken.endress@navy.mil.

## Auditions for two spring shows at CLC

Auditions for two spring shows at the College of Lake County, "Fear No Art" and "Tartuffe," and will be held Jan. 27, 29 and 30 in the James Lumber Center for the Performing Arts, 19351 W. Washington Street in Grayslake.

Auditions and submissions for the College of Lake County's 9th Annual Fear No Art Festival will be held on Saturday, Jan. 27 in room P106 (dance classroom). Dancer auditions begin promptly at 10:30 a.m. and go until 1 p.m. Dancers should be dressed to move; shoes are not required. Vocalists and musicians will audition from 1-2 p.m. and should be prepared to sing, play an instrument or play a recording of your group. Visual artists, creative writers and computer graphic artists

should arrive at 2 p.m. with a proposal, portfolio or excerpts from a creative work.

Fear No Art is a festival of music, art, dance, drama, poetry, creative writing, photography and computer art. The show will be presented at CLC May 4-6. For more information, contact Therese Crews at (847) 543-2610 or tcrows@clcillinois.edu.

Auditions for the CLC Theatre Department production of Molière's classic comedy, "Tartuffe" will be held on Jan. 29 and 30 starting at 7 p.m. in the Mainstage Theatre. "Molière is unrivalled as the head of French comedy, and the masterful "Tartuffe" is his funniest and most enduring play," according to Craig Rich of the CLC theatre faculty, who will direct the play.

There are roles for five

women and seven men. Actors should prepare a two-minute memorized monologue from any comedic play written before 1800 and bring an acting resume if available. Actors need attend only one night of auditions. Callbacks are scheduled for Thursday, Feb. 1 from 7-10 p.m. Copies of the play are available at the Library/LRC circulation desk for in-library reading.

The show will be performed over two weekends, April 13-15 and April 19-21. Rehearsals begin the week of Feb. 19 and are normally held Monday through Thursday evenings until "tech week." Actors should be available for all rehearsal and performance dates. For more information, contact director Craig Rich at (847) 543-2567 or crich@clcillinois.edu.

● **Command Religious Program Schedule**

**Catholic**

Sun., 9 a.m. Sunday Mass .....Bluejacket Memorial Chapel  
Sun., Noon Sunday Mass .....Forrestal Village Chapel  
Mon.-Fri., 11:45 a.m. Weekday Mass .....Bluejacket Memorial Chapel  
Sun., 10:30-11:30 a.m. CCD .....Bldg. 122  
Sun., 10:30 a.m. Catholics Seeking Christ .....Bluejacket Memorial Chapel

**Protestant**

Wed., Noon Praise, Word and Worship .....Naval Health Clinic All Faiths Chapel  
Sun., 10:30 a.m. Contemporary Worship .....Bluejacket Memorial Chapel  
Sun., 10 a.m. Family Worship Service .....Forrestal Village Chapel

**Church of Jesus Christ of Latter Day Saints**

Sun., 1:30 p.m. ....Naval Health Clinic All Faiths Chapel

**Chapels**

•Bluejacket Memorial Chapel - Bldg. 3, Naval Station  
•Forrestal Village Chapel - Bldg. 2630, Ohio St., Forrestal Village  
•Naval Health Clinic All Faiths Chapel, Wing 2 South  
•For More Information about any of the services or events listed in this schedule, call 688-5610

*Great Lakes chaplains are happy to help you find a place of worship according to your tradition and needs.*



## FITNESS & SPORTS DIVISION

Courts Plus-Bldg. 4; 688-6750, Gym 80-H; 688-7692, Field house-Bldg. 440; 688-3419, Great Lakes Fitness Center-Bldg. 2A; 688-5649

All event/league registrations and manager's meetings take place at the Fitness & Sports Office in Bldg. 440, unless otherwise noted. Turn in registration and forfeiture letters at Bldg. 440. Leagues are open to all active duty and retired military, reservists, family members with an ID and DoD employees with a valid gym membership. For additional information, call 688-3419.

### New Outdoor Ice Rink ...

Come and enjoy the new outdoor ice rink (weather permitting). The rink is located east of Boorda Hall near Constitution Field. Watch for information on upcoming

leagues and team challenge tournaments!

Rental skates and hockey equipment are available at the Fieldhouse. Call the Sports Hotline at 688-2110, #474 for ice rink conditions.

The hours of operation for the Fieldhouse are as follows: Mon.-Fri., 6 a.m.-9:30 p.m. and Sat. and Sun., 10 a.m.-8 p.m.

### Intramural Indoor Soccer League...

A manager's meeting is scheduled on Wed., Feb. 7 at 4 p.m. This is a mandatory meeting for team managers to discuss the following: equipment, league schedul-

ing, etc. Team rosters and forfeiture letters are due by Wed., Feb. 7. Players will receive their own personal mouth guard, which must be worn at each game. This League is not for Captain's Cup points. League play will begin the week of Feb. 12, at Courts Plus (Bldg. 4).

### Intramural Indoor Floor Hockey League...

A manager's meeting is scheduled on Wed., Feb. 7 at 4:30 p.m. This is a mandatory meeting for team managers to discuss the following: equipment, league scheduling, etc. Team rosters and forfeiture letters are due by Wed., Feb. 7.

Players will receive their own personal mouth guard, which must be worn at each game. This League is not for Captain's Cup points. League play will begin the week of Feb. 12 at Courts Plus (Bldg. 4).

### Captain's Cup Water Polo

A manager's meeting is scheduled on Thurs., Feb. 8 at 4 p.m. This is a mandatory meeting for team managers to discuss the following: equipment, league scheduling, etc. Team rosters and forfeiture letters are due by Thurs., Feb. 8. Players will receive their own personal mouth guard, which must be worn at each game. This League is for Captain's Cup points. League play

will begin the week of Feb. 19 at the Bldg. 440 swimming pool.

### Snowbird Softball Tournament

"Rain, Snow or Shine," join us for some exciting winter softball. A manager's meeting is set for Thurs., Feb. 15 at 4 p.m. The tournament will be held on Sat., Feb. 24.

### Family Fitness Activities...

Open Volleyball Courts - Family Play at (Courts Plus) Bldg. 4 on Saturdays from 11 a.m.-2 p.m.

Open Basketball Courts - Family Play at (Fieldhouse) Bldg. 440 on Sundays from 2-4 p.m.

# Alamodome hosts 2007 Monster Jam

By STAFF SGT. JENNIFER LINDSEY  
Air Force Recruiting Public Affairs

SAN ANTONIO (AFNEWS) — Afterburner, the Air Force-sponsored monster truck, thrilled 50,000 Monster Jam fans with car-crushing, high-jumping, raw engine power Jan. 13 at San Antonio's Alamodome. 2007 marks the second season the Air Force sponsors Afterburner, a high-powered 2006 monster truck equipped with a 1,465 HP, 540 Merlin motor and 66-inch tires designed to take on the U.S. Hot Rod Association Monster Jam racing circuit. The family-oriented competition draws more than one million fans of all ages to its event annually.

"Air Force sponsorship of Afterburner promotes Air Force

awareness," said Tech. Sgt. Larry Wright, Air Force Recruiting Service special events marketing NCO. "Many monster truck fans are ages 17 to 27, providing us a lot of direct leads to potential recruits. In addition, a lot younger kids attend Monster Jam races, and Afterburner plants the seed of military branch awareness, which can possibly lead to interest in serving in the Air Force when they're older."

Afterburner's 2007 season driver, Damon Bradshaw, welcomed fans of all ages at the pit party by signing autographs and posing for photos for three hours before the competition kicked-off.

"It's an honor representing the men and women who fight for the safety of our nation,"

Bradshaw said. "I enjoy spending time with the kids who come to see our truck."

As fans waited to meet Bradshaw, 341st Recruiting Squadron recruiters answered fans' questions about Air Force career opportunities and benefits, and collected contact information from people who are interested in learning more.

The event caught the attention of Tyler Lawrence, 13, and Cody Debarge, 15, of San Antonio who took advantage of the opportunity to speak with recruiters while in line to meet Afterburner's driver. The two teens said they have always been interested in joining the military. Tyler is leaning more toward joining the Air Force after graduation and Cody is interested in joining the Marines. Recruiters onsite encouraged the grade-school students to study hard and graduate high school, and provided them career information to help them with their future decision.

"The Air Force is committed to recruiting the best America has to offer," said Col. Brian Madtes, Air Force Recruiting Service strategic communications division chief. "High energy events such as this provide us an excellent venue to share Air Force career opportunities with men and women who are interested in high-tech environ-



US Air Force photo/Master Sgt. Scott Reed

**The Air Force sponsored monster truck Afterburner, driven by Damon Bradshaw, soars over an obstacle during the qualifying round of the 2007 Monster Jam in San Antonio, Texas.**

ments, are patriotic, seek adventure and want to do something amazing in their lives."

Driven to stay ahead of the competition, Afterburner's maintenance crew works day and night to make the Monster truck stronger, faster and safer to drive, said Paul Cohen, maintenance crew chief and Afterburner's 2006 season driver who is taking a break from driving while he recovers from an injury. Wheel tethers, improved suspension, advanced seatbelts, stronger tubing and tougher

shocks are just a few of the technological advancements that have improved driver and crowd safety.

"Every show we're flying higher and further and the drivers are taking more of a beating," he said. "There's not many shocks out there that can take 10,000 pounds at a 40-foot jump. The driver takes on 28-30 Gs on the average landing. We're constantly researching and developing to improve safety, such as body, head and neck restraints."

## Free Taekwondo classes available

Learn the Korean art of self defense. Taekwondo classes are available for no charge to all military staff and DoD employees.

Classes start Tuesday and Thursday from 11 a.m. until Noon at Bldg. 3 Gym. Bring your PT gear, if you do not have any gear, uniforms will be available for \$20.

The benefits from the class will be the achieving of physical

fitness, improved flexibility, added strength and coordination. You will, during the course, increase your concentration, learn self defense in a variety of situations, relieve stress and develop a sense of responsibility for one's self and others.

For further information contact: Cmdr. Felder or Lt. Schultz at (847) 688-5410 or e-mail: gerald.felder@navy.mil or derek.schultz@navy.mil



# Adm. Lawrence; naval aviator, Vietnam POW, MOH recipient

**Tennessee Patriot:** The Naval Career of Vice Admiral William Lawrence, U.S. Navy by William P. Lawrence and Rosario Rausa. Naval Institute Press, 291 Wood Road, Annapolis, Maryland 21402. 217 pages, 2006.

By LT. CMDR. YOUSSEF  
ABOUL-ENEIN,  
MSC, USN

The Naval Institute Press publishes a yearly quota of naval biographies that offer insight into not only the life and extraordinary times of a naval leader but also the evolution of the U.S. Navy. Reading naval biographies provides a personal look at the issues, decisions, character and leadership of the person whose career is highlighted. What amazes me about being in the armed forces is sharing the varied operations, deployments and experiences with others, learning aspects of what they have encountered while under pressure and learning from them whether they are general or admiral to petty officer, chief or sergeant.

Vice Adm. William Lawrence died in December 2005, he is a Sailor and officer who experienced the depths of despair in the notorious Hanoi Hilton as a

Prisoner of War, losing his first spouse, and regaining his life to rise and become Superintendent of the United States Naval Academy and Chief of Naval Personnel.

Lawrence began life in Nashville, Tenn., entering the Naval Academy in 1946. He would graduate eighth in a class of 725, and more importantly would as a midshipman leader help usher in the honor code used today by midshipman. The book highlights how minor and major infractions were handled and the debates that occurred regarding the issue of allowing Midshipmen to police themselves at the Naval Academy.

As a naval aviator, Lawrence received valuable lessons from instructors who were unassuming, yet one was awarded the Medal of Honor for actions in Korea. As you read, one begins a serious appreciation that a naval career is not made alone, but with the help of Sailors, Soldiers, leaders, midshipmen, instructors who have touched, educated and shaped the character of Lawrence.

The chapter on his captivity by the North Vietnamese was a prisoner of war for 1,900 days in which torture was part of the heinous routine, yet despite the abuse both mental and physical,

Lawrence noted other Americans who were showing symptoms of giving up. This included not eating and remaining silent for long periods of time. Lawrence calls this the first signs of taking a "chaotic decision to not go on."

Lawrence was placed in solitary confinement for being caught leading a communication scheme between prisoners. He was released from confinement to make room for another American prisoner, a U.S. Navy aviator and current United States Sen. John McCain.

When Lawrence returned to the United States from captivity he found his first wife had remarried and after reconciling the trauma in his mind, this was not easy, he viewed them both as casualties of war. The book delves into how he rebuilt his life, cared for his children and threw himself into his Navy career.

The book continues with his assignment as superintendent of the Naval Academy and Chief of Naval Personnel. Even in these higher-level postings decisions that involve character emerge, such as his disagreement with the Navy Secretary over what he saw as a necessity to assign women in combat roles.

# Ground-breaking ceremony for "first of its kind" barracks

By MCSA DAVID L. SMART  
Fleet Public Affairs Center, Pacific

SAN DIEGO (NNS) — The Navy's first large-scale housing privatization for single Sailors took a step toward become reality with a ceremony Jan. 10 at Naval Base San Diego to mark the start of construction of the \$320 million Pacific Beacon project.

"This will boost Sailor's morale dramatically," said Capt. Dixon R. Smith, commanding officer of Naval Base San Diego. "The towers will provide a living style that is more in line with their lifestyle today."

Pacific Beacon will boast four, 18-story towers of 941 units each, housing 1,800 single Sailors and have room for 1,500

parking spaces. Each unit will be constructed similar to a two-bedroom apartment with dual master suites, a living room, kitchen, balcony and private bathrooms.

"We want to try and create a sense of community and camaraderie," said Bryan Lamb, development executive of Clark Construction Group. "Single Sailors will want to spend time in their units and have a place they are proud to call home."

Other features of Pacific Beacon include a sky terrace rooftop pool and spa, stadium-style theater, fitness center, wi-fi café, two game rooms, dry cleaning valet, education center, technology resource center, continuous learning programs and sem-

inars, running path, basketball courts, sand volleyball courts and horseshoe pits.

"It's the first project of its kind and we're thrilled that the Navy's selection for the project is Naval Base San Diego," said Rear Adm. Leendert R. Hering, Sr., Commander, Navy Region Southwest.

"This project is truly ground breaking," said Frank Jimenez, general counsel of the U.S. Department of the Navy. "This sets the stage for many projects to come to make housing enjoyable and affordable for single Sailors."

Construction on the 15-acre site began last month and is scheduled for completion in 2009.



## Your "Home Away From Home"

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**www.uso.org/Illinois**

### Your USO Great Lakes "Home Away From Home" Has So Much to Offer!

- Six computers with Internet, printers and fax (\$1 per hr)
  - A library with books and magazines you can take with you! FREE
  - Quiet study rooms large enough for groups.
- Big screen movie rooms with all the latest movies. FREE!
  - Four Pool tables FREE!
  - A Music Room with guitars, drum set, keyboard and amps. FREE!
  - Art Room loaded with art supplies. FREE!
- PlayStation 2, N-64 and X-Box with all the latest games. FREE!
- NO DOUGH DINNER/KAROE! We feed you the night before payday! Don't forget "No-Dough" dinner the night before each payday at 5:30 p.m.

### NAVY PIER TICKET INFORMATION

The Standard I-Max tickets: Regular price \$10.50. USO Price is \$5. Standard tickets cover the 50-minute, 3-D movie.

Tickets are available for purchase at the Navy Pier USO.

The Premier I-Max Tickets: Regular price \$14.50. USO Price is \$8.

Premier tickets cover full-length movies and are available for purchase at the Navy Pier USO.

The 3-D Thrill Ride offers discounts when presenting a military ID.

The Sea Dog offers discounts when presenting a military ID.

The Shoreline Water taxi is free for military in uniform.

The Tall Ship "Windy" offers free rides to military in uniform.

*For information on all USO, special events go to [www.uso.org/Illinois](http://www.uso.org/Illinois) and click on link to Special Events or the link for the Calendar of Events. The Great Lakes USO is Located in Bldg. 27 on the Great Lakes Naval Station near the main gate. The hours of operation for center usage are Monday-Friday 3-9 p.m. and Saturday and Sunday 11 a.m. - 9 p.m. The USO is open Monday - Friday from 8 a.m. - 3 p.m. for outreach programs, ticket programs, and general assistance. For any questions or comments, call (847) 688-5591. Serving Our Troops Since 1941: The mission of the Corporation is to enhance the quality of life of the U.S. Armed Forces personnel and their families and to create a cooperative relationship between U.S. military communities and involved or supporting civilian communities.*

## Housing to host 'Smooth Move' workshop

Forest City Residential will sponsor a "Smooth-Move" workshop Thursday, Feb. 1, at 9 a.m. at the welcome center located in Bldg. 8100, 1710 Cavin Drive.

There is a five-person minimum to hold the class.

Persons planning to attend should call Daphne Jones at (847)

473-5320 by the Monday before the workshop to reserve your seat.

Fleet and Family Support Center will provide valuable information for transitioning servicemembers, covering domestic and overseas moves. Refreshments will be provided.

# VA reaches out to veterans and spouses

By DEPARTMENT OF  
VETERANS AFFAIRS

WASHINGTON (NNS) — The Department of Veterans Affairs (VA) is reaching out to inform wartime veterans and surviving spouses of deceased wartime veterans about an under-used, special monthly pension benefit called Aid and Attendance.

"Veterans have earned this benefit by their service to our nation," said Secretary of Veterans Affairs, Jim Nicholson.

Although this is not a new program, not everyone is aware of this or her potential eligibility. The Aid and Attendance pension benefit may be available to wartime veterans and surviving spouses who have in-home care or who live in nursing-homes or assisted-living facilities.

Many elderly veterans and surviving spouses whose incomes are above the congressionally mandated legal limit for a VA pension may still be eligible for the special monthly Aid and Attendance benefit if they have large medical expenses, including nursing home expenses, for which they do not receive reimbursement. To qualify, claimants must be incapable of self support and in need of regular personal assistance.

The basic criteria for the Aid and Attendance benefit includes the inability to feed oneself, to dress and undress without assistance, or to take care of one's own bodily needs.

For a wartime veteran or surviving spouse to qualify for this special monthly pension, the veteran must have served at least 90 days of active military service, one day of which was during a period of war; and be discharged under conditions other than dishonorable.

Wartime veterans who entered active duty on or after September 8, 1980, (October 16, 1981, for officers) must have completed at least 24 continuous months of military service or the period for which they were ordered to active duty.

If all requirements are met, VA determines eligibility for the Aid and Attendance benefit by adjusting for un-reimbursed medical expenses from the veteran's or surviving spouse's total household income. If the remaining income amount falls below the annual income threshold for the Aid and Attendance benefit, VA pays the difference.

The Aid and Attendance in-

come threshold for a veteran without dependents is now \$18,234 annually. The threshold increases to \$21,615 if a veteran

has one dependent, and by \$1,866 for each additional dependent. The annual Aid and Attendance threshold for a surviving spouse

alone is \$11,715. This threshold increases to \$13,976 if there is one dependent child, and by \$1,866 for each additional child.

Additional information and assistance in applying for the Aid and Attendance benefit may be obtained by calling 1-800-827-1000.



## Military Benefit Association supports our troops and provides security for military families.

For 50 years, Military Benefit Association (MBA) has sponsored affordable group life insurance for its members and their families.

With over 110,000 members, MBA is among the nation's largest non-profit military associations. Military servicemembers join MBA for its excellent insurance plans, including separate spouse coverage up to \$250,000, child coverage options, and for the financial and lifestyle benefits membership offers.

### Families Depend Upon MBA.

As we have expanded our membership programs, we have also experienced growth in the amount of paid claims. **Since March 2003, MBA-sponsored group life insurance has paid over \$18 million in claims to families of MBA members lost in military hostilities in Iraq and Afghanistan.** This money helped the families of our members continue their lives during a difficult period.

MBA offers a selection of valuable benefits to promote the economic interests and improve the quality of life of our members and their families, including the MBA Scholarship Program which awards five \$2,000 scholarships annually to dependent children of members. Other programs offer car rental

discounts; travel assistance and travel discounts; savings on medical services, supplies and equipment; and assistance with VA home financing through VALoans.com.

MBA Term 90 group life insurance has premium rates which are competitive with SGLI. More importantly, this coverage stays with you when you leave the military. You do not have to convert to the more expensive VGLI plan.

When you purchase MBA-sponsored group life insurance coverage, you join a community of people who share your interests. If you would like more information about MBA and the insurance plans it sponsors, please call us:

**1-800-336-0100**

or visit our Web site **[www.militarybenefit.org](http://www.militarybenefit.org)**

Life Insurance underwritten by Government Personnel Mutual Life Insurance Company. Not available in all states.



**MBA**  
Military Benefit Association



# Defense news, information now customized for mobile devices

By **GERRY J. GILMORE**  
American Forces Press Service

WASHINGTON — Defense Department news releases, articles and other information are now available in a new format that's customized for easier viewing on BlackBerries and other mobile devices, officials said.

The new, mobile-device-friendly format can be accessed at [www.dod.mil/mobile](http://www.dod.mil/mobile), officials affiliated with the project said.

"Having the ability to access the most current Defense Department information while you are on the go is especially important in the fast-paced communications world in which we live," Allison Barber, deputy assistant secretary of defense for internal communications and

public liaison, said.

Offering a mobile-device-friendly format to disseminate defense information "is another way we are trying to better serve our globally based audiences, providing them the most up-to-date news and information on the war on terror and other related activity," Barber said.

The new format is specifically condensed to better fit onto the tiny viewing screens featured by most mobile devices, said Tom Dorsz, Web production supervisor at American Forces Information Service.

Mobile device usage is increasing worldwide, Dorsz said, noting that BlackBerries and similar devices enable access to Internet-sourced information anywhere at anytime.

Maximizing and integrating new technology is the mission of

the new media team, said Roxie Merritt, director of DoD's new media unit.

"On your mobile device Web browser, simply type in [www.dod.mil/mobile](http://www.dod.mil/mobile) to view the top news and press releases that are customized to fit your screen," Merritt said.

Customers will see much of the same information and many of the photos and graphics that appear on the regular Defenselink Web page, available at [www.dod.mil](http://www.dod.mil), Navy Lt. Cmdr. Brook DeWalt, AFIS's new media operations manager, said.

The new mobile system enhances DoD's mission to inform the public of its policies, as well as to communicate with service-members, defense civilians, retirees, and their families, Dorsz said.

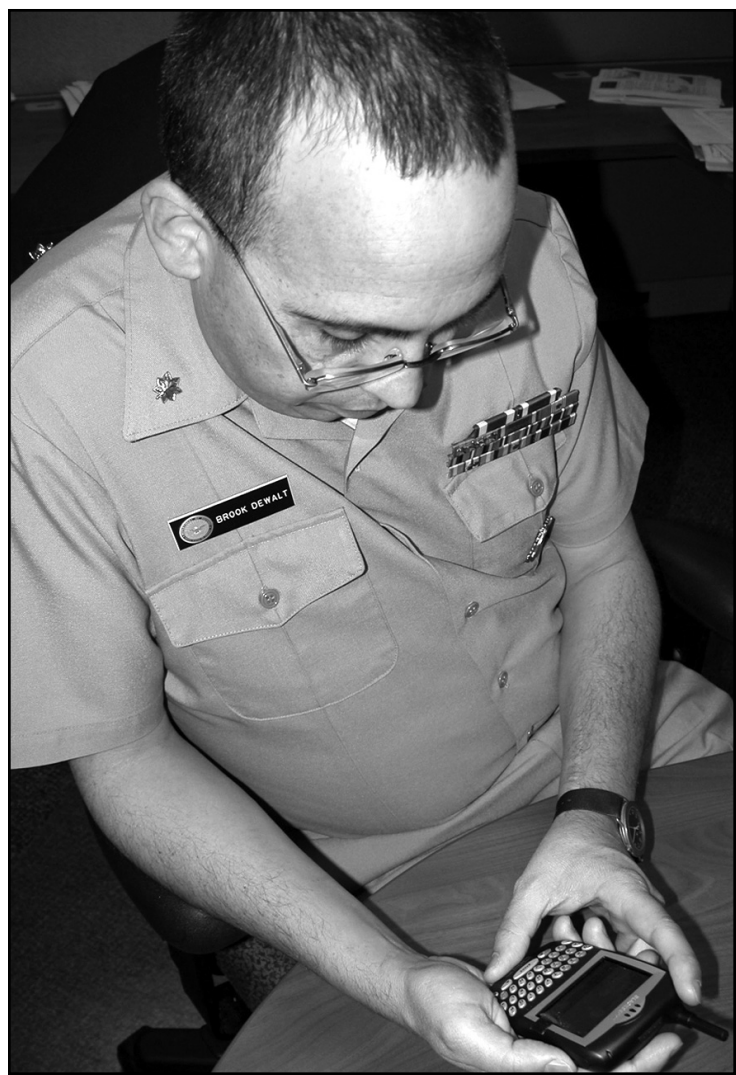


Photo by Gerry J. Gilmore

Navy Lt. Cmdr. Brook DeWalt, new media operations manager at American Forces Information Service, demonstrates how Defense Department public and internal information can now be accessed via BlackBerry and other mobile devices. The new mobile-access system enables customers to view the same information and many of the photos and graphics that appear on the Defenselink Web page.

## Office of Master Chief Petty Officer of the Navy turns 40

By **MCCS(SW/AW) BILL HOULIHAN**  
MCPON Public Affairs

Camp Lejeune, NC (NNS) — At a retirement ceremony Jan. 12, one day prior to the fortieth anniversary of the inception of the Master Chief Petty Officer of the Navy, MCPON (SW/FMF)

Joe R. Campa Jr. reminded chief petty officers here what he expects of them as deckplate leaders.

Addressing a number of area chiefs at the retirement ceremony of Master Chief Electronics Technician (SW) Mickey Manes, Campa recalled the chief petty officers who led and trained he and Manes as they grew up in the Navy, and said he envisions a return to their traditional type of leadership.

"Those chiefs were cut from a cloth of leadership that I want to blanket the Navy with today," said Campa. "They had something I like to refer to as 'CPO presence.' When they walked into a space the tone of the entire space changed. They were uncompromising leaders."

Campa said that when

Del Black was appointed the first MCPON in 1967, his goals were similar to those of Campa's forty years later.

"MCPON Black was a true chief. He knew the value of communication, of listening to his Sailors, and the absolute need for our community to take on the role of standard bearers, to enforce those standards amongst ourselves as well as up and down the chain of command," he added.

The eleventh master chief to hold the position, MCPON Campa said that the nine men who followed Black each entered the office with one goal in mind; the development of the enlisted force as Sailors and people.

"Each of us has had our own style and way of doing things, but there has been a constant theme for 40 years from Del Black to Tom Crow to John Hagan to me: providing Sailors the best opportunity to succeed," he said.

Campa echoed that in his remarks at Manes' retirement ceremony. He said that as a Sailor's character strengthens, so too will his commitment to the Navy.

Campa and Manes served together on USS Frank Cable (AS 40) from 2003 to 2005.



# First CONUS Expeditionary Warfare insignia presented



U.S. Navy photo by Mass Communication Specialist Seaman Patrick Gearhiser (RELEASED)

Rear Adm. James Barnett, Jr. awards the Expeditionary Warfare Specialist (EXW) pin to Master-at-Arms 1st Class Matthew A. Tronboll assigned to Mobile Security Squadron Six (MSS-6) Detachment during an awards presentation ceremony at Naval Station Norfolk.

By MC3 CHAD HALLFORD  
Fleet Public Affairs Center Atlantic

NORFOLK, Va. (NNS) — Deputy Commander, Naval Expeditionary Combat Command (NECC), Rear Adm. James Barnett pinned Master-at-Arms 1st Class (EXW) Matthew A. Tronboll with the first state-side enlisted expeditionary warfare (EXW) specialist insignia aboard Naval Station Norfolk, Jan. 9.

“[The warfare] is basically for someone in the NECC community. It’s a huge community [that was] without a warfare designator,” said Tronboll.

EXW qualification signifies that a Sailor is operationally

competent and has acquired the additional knowledge that enhances the understanding of war fighting, mission effectiveness, and unit survivability.

Tronboll, from Mobile Security Squadron (MSRON) 6 Detachment 25 completed his personal qualification standards ahead of many of his peers.

“It’s a fairly lengthy qualification process. That’s why I’m so impressed [Tronboll] finished so quickly,” said Barnett.

Tronboll was influential in the development of his command’s unit specific qualification, writing many of the questions and by becoming force protection training team member qualified.

In January 2006, the Navy created the Navy Expeditionary Combat Command, bringing Explosive Ordnance Disposal, Naval Coastal Warfare, Riverine forces, Combat Camera Atlantic, the Expeditionary Combat Readiness Center, Navy

Expeditionary Logistics Support functions and the Seabees under one umbrella. NECC integrates all warfighting requirements for expeditionary combat and combat support elements. This transformation allows for standardized training, manning and equipping of Sailors who will participate in maritime security operations and the global war on terrorism as part of the joint force.

“For more than 200 years we have had to project that seapower ashore. Many of these capabilities we’ve had for a long time. NECC gathers them together, makes them coherent and consistent,” said Barnett.

“I am a 26-year old first class petty officer who will probably never see a ship. I have no way to get a warfare pin, [because] surface and air warfare are not options for my current command,” said Tronboll. “The pin is definitely something we needed to do to become competitive.”

## Masso dispels IA myths at surface navy association conference

By LT. JUSTIN COLE

Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) — Rear Adm. Sonny Masso spoke to a room full of surface warfare officers Wednesday, about Individual Augmentation (IA), working to dispel some of the myths associated with the program.

Masso, who heads Task Force Individual Augmentation (TFIA), used the opportunity to communicate some of the successes and challenges the task force faces, but mostly to set the record straight about what IA duty entails, and who it affects.

“Since 2002, 82 percent of our IA’s have come from the Reserve component, yet I see letters of resignation from officers listing a fear of IA duty as being the reason they are getting out,” said Masso. “IA duty affects two percent of the surface warfare officer (SWO) community, yet if you speak to a junior officer on the waterfront, you would think that half of their wardroom are IA’s.”

Masso said his remarks were the start of what he calls his “myth-busting” campaign. Though TFIA has had many successes with improvements in the entire IA process, a constant challenge has always been how to communicate those successes to the entire Navy.

“The rumor mill has always been a powerful way for Sailors

to get their information, more so than any NAVADMIN we publish,” said Masso. “I want Sailors to know the truth about IA service. I want them to know we value their service and are doing everything we can to take care of them and their families.”

The notification window for IA’s was one of the largest problems TFIA faced when it first stood up as a task force. The notification window begins when a Sailor receives written orders of IA duty, and ends when that Sailor leaves the area of permanent duty station. Through the work of TFIA, the average notification window has increased from under 30 days to a high of 80 days in December 2006.

“We all knew [increasing the window] was the right thing to do, it was just a matter of getting the right processes in place to make it happen,” said Masso. “The CNO gave us very specific guidance on getting this job done. He values the service of IA’s, knows the importance of their mission, and wants to do the right thing for the Sailors performing this very important duty.”

In addition to the improvements in the notification window, Masso also went over the initiatives announced in the Fall of 2006 aimed at assisting Sailors who take IA duty overseas. These initiatives include flexible advancement exams and award points towards advance-

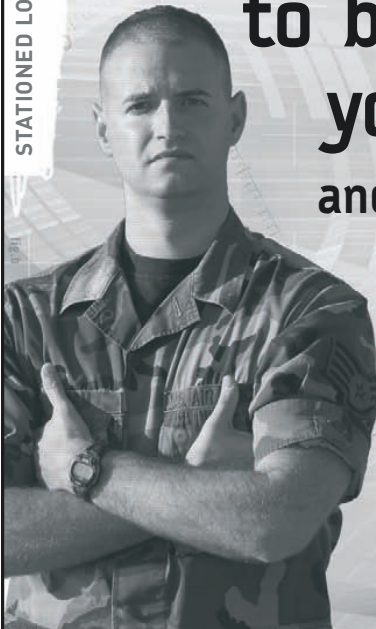
ment. The Navy will also pay for families of Sailors deployed on IA duty to move from their area of permanent duty station to an area of greater family support during the deployment. These initiatives are designed to ease the burden of the family and Sailor during the separation.

“The bottom line is that we want our Sailors worried about the mission at hand, not about studying for their next advancement exam or worrying about their families,” Masso said. “We want them to know that we will take care of them and their career the best way we know how. We value their service and their contributions.”

The conference was attended by members of the Surface Navy Association, retired admirals, junior officers, and leaders in the civilian sector. SNA conferences occur periodically at various fleet concentration areas with the goal of keeping the surface community informed about changes and challenges facing them.

“The main thing we have to do is keep talking about IA duty,” said Masso. “I need to get this message out in as many forums as I can and have everyone take this message back to their ships to share with everyone else. IA duty is not going away and the better we understand what it entails and who it affects, the more likely we are to continue to improve the process and take care of our Sailors.”

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SSgt. John Storm, NCOIC  
457th Fighter Squadron  
Intelligence Flight  
Ft. Worth, Texas



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## PHOTO FIND WHEN PIGS FLY

There are 7 differences between these two photos. Can you find them all? (Answers on the following page)



*If you would like to submit a photo to be used in the Photo Find, email [virginia.schaefer@navy.mil](mailto:virginia.schaefer@navy.mil). Photos must be at least 4x6 vertical or horizontal at 300 dpi. Photos will be picked at editor's discretion.*

# SUDOKU

EASY

	4		5				1	
			8		2	6		
7				4			5	
	6		2					4
	7	4	9		5	2	3	
2					7		6	
	2			1				8
		5	6		8			
	1				9		2	

MEDIUM

		4	2		9	5		
			7		4			
	9	2				7	4	
	8			1			7	
		1				2		
	3			4			6	
	5	8				3	1	
			3		7			
		6	8		1	9		

HARD

				2		3		
9		2						6
	7			6			4	
8			2					
3			6	7	4			5
					1			2
	4			9			3	
2						5		8
		9		1				

Answers below

# CROSSWORD

			1	2	3	4		5	6	7	8			
			9					10					11	
		12				13						14		15
16					17				18		19		20	21
22				23					24			25		26
27			28						29				30	
31									32					
		33											34	
35				36	37	38				39	40	41		42
43						44			45					
46				47					48					49
50		51		52					53				54	
	55		56		57		58					59		
		60		61							62			
			63					64						

## ACROSS

1. \_\_\_ Straights: rock band
5. Eyelid infection
9. Unions
12. Talk
13. Philippine island
14. Water obstruction
16. \_\_\_ orist: tree expert
17. Female sibling
18. Lonely
20. Singer Zadora
22. Expresses surprise
23. Caused
24. Copyread
26. Specific gravity (abbr.)
27. Adjusted to fit
29. Grow old
31. Sticks out
32. Boil or stew inwardly
33. Indicates position
34. Artificial intelligence (abbr.)
35. Less fresh bread
39. Talked excitedly
43. Blackbeard and Captain Kidd
45. Take away anxieties
46. Western state (abbr.)
47. Tape with a thousand uses
48. Employee stock ownership plan
49. Baby doctor (abbr.)
50. Santa \_\_\_ winds
52. \_\_\_ Hirobumi: Japanese Prime Minister
53. Imitate
54. \_\_\_ tle and bustle
55. One point east of due south
57. City in Finland
59. Distress signal
60. Ally in a cause
63. Negatives
64. A way to stand firm

## DOWN

1. Girl having a coming out party
2. Potato state (abbr.)
3. Occupies
4. In a way, removed
5. Conditions of balance
6. Long angry speeches
7. Hello (slang)
8. Termination point
9. Wonderful (slang)
10. Morning
11. Maple syrup ingredient
12. Commencements
15. Playful in a naughty way
16. Whale ship captain
17. Satisfy to excess
19. Have dinner
21. Phil \_\_\_: former CIA
23. Fuel measurement (abbr.)
25. Golf ball holder
28. Elevation at the front of a ceremonial place
30. Any one of 50 in the USA
35. Prevents harm to creatures
36. Youthful male
37. Small ornamental bag
38. To set right
39. Breathe
40. Healing plant
41. Quickly pinch or bite
42. Labor organizer Eugene
44. Small rocks
45. Brought up a child
51. Elementary stages of any subject
54. A way to till
56. Geological time
58. A public promotion of some product
59. An enclosure for swine
61. Sodium
62. Newest Washington memorial (abbr.)

Answers below

## ANSWERS

## SUDOKU

9	2	2	6	9	7	8	3	1
4	6	7	5	4	1	8	2	3
8	2	2	9	3	6	1	4	5
6	8	3	1	4	7	2	5	9
5	9	6	7	8	4	1	3	2
2	3	1	4	5	6	9	8	7
4	8	7	1	3	5	2	6	9
3	1	4	6	9	5	2	7	8
8	1	2	3	5	9	7	6	4

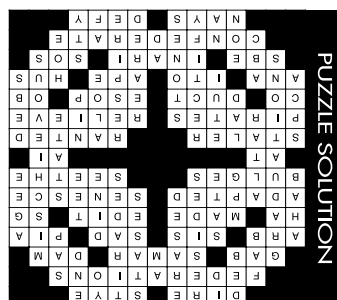
EASY

3	4	1	2	8	6	9	5	7
1	2	7	1	9	3	8	6	4
4	6	8	4	5	1	7	2	3
2	9	1	8	4	6	9	7	5
8	6	7	2	1	4	5	3	9
5	3	2	1	7	9	8	4	6
6	8	4	5	1	7	2	3	9
3	1	4	6	9	5	2	7	8
9	5	3	1	4	6	9	7	8

MEDIUM

5	3	9	7	1	8	6	3	4
4	6	9	8	3	5	2	7	1
6	4	8	2	6	1	3	7	5
2	9	1	4	1	8	3	5	6
3	2	7	1	7	1	7	1	7
8	2	4	6	8	5	2	4	6
3	3	1	7	1	7	1	7	1
1	7	3	8	6	9	8	2	7
6	5	2	2	7	2	7	2	7

HARD



## PHOTO FIND

B2 Lighter colored pig; A4 More grass; B4 Missing tail; D5 Missing pig; D4 Now a spotted pig; F3 Extra pig; E1 Rabbit



# Chicago area is home to growing numbers of coyotes

**By ILLINOIS DEPARTMENT OF  
NATURAL RESOURCES**

Chicagoans talk passionately about Da' Bears and Cubs, but there is a new, growing presence in Chicagoland: da' coyotes — not a sports team, but the real four-legged critters.

Coyotes have given rise to some controversy. Some Chicagoans enjoy chances to watch their antics in the urban wild. Others praise coyotes' skills in controlling geese, deer and rodents that over-run golf courses, parks and gardens.

But others complain when their house pets turn up missing.

"A delicate balance definitely exists between good and bad impacts when coyotes come to town," says Dr. Stan Gehrt, a wildlife biologist and professor at Ohio State University. "There's no way to minimize how people feel when the family cat doesn't come home."

Gehrt is in charge of ongoing studies to monitor urban coyotes in the Chicago area; studies started when he worked at the Max McGraw Wildlife Foundation in Dundee, Illinois.

Gehrt began studies in Cook County when residents began noticing more coyotes in urban areas near fields and wild areas. A few cats and dogs disappeared, and biologists decided it was time to understand more about the situation. Research focuses on population dynamics, movement patterns, coyote health and mortality factors, and recommendations for urban management. The studies continue for another two years.

Coyotes once were rare in Illinois. As many as 30 years ago, coyote populations were low due to now-defunct eradication programs. Coyotes have proliferated since then, moving from the western U.S. into eastern habitat where wolves used to be. Coyotes are adaptable and can live almost anywhere. Chicago is a case in point.

"Surprisingly, in Chicago there is plenty of food for coyotes," Gehrt notes. "Coyotes help stem urban deer overpopulation — a serious concern to vehicle drivers, gardeners and park managers. In some areas, coyotes take 70 to 80 percent of urban fawns each year. Also, anyone who has battled throngs of cranky Canada geese or

slipped on a blanket of droppings in the park knows that geese often are a problem. Coyotes eat goose eggs, goslings and occasionally nesting adults."

Gehrt continues, "Some golf course managers are glad to see coyotes because they feed on rodents that often damage wiring and dig holes. It is quite entertaining to watch a coyote pouncing and playing in a field near office buildings and homes. From that standpoint, coyotes provide a great service."

And about house pets? "It's true," Gehrt admits. "Coyotes living near residential areas sometimes snatch house pets. Roaming cats and smaller dogs are at risk in coyote habitat, which includes fields, parks and woods."

He notes that people sometimes demand eradication of coyotes. But eliminating all coyotes is not practical, economical or workable. Research shows that once coyotes are removed, others quickly replace them. Therefore, widespread removal is a temporary solution. "Only a few coyotes take domestic pets," Gehrt says. "When an offending coyote is identified, a nuisance control specialist can remove it. The best thing that a pet owner can do is take precautions to keep a pet safe and not encourage coyotes to come near. Humans shouldn't encourage



**Coyotes will kill and eat small pets. Owners must take precaution to prevent a loss.**

coyotes; it only lessens their fear of pets and people.

Steps for keeping pets safe, if your home is near coyote habitat, include: 1. Don't feed any wild animals such as raccoons or deer, which encourages coyotes as well.

2. Keep cats indoors at all times.

3. Keep your dog on a leash.

4. Don't leave cat or dog food outside.

5. Secure garbage in areas where coyotes can't access it; keep yards clean of refuse and brush.

6. Do not let pets out at night unless accompanied by a person.

"Coyotes usually are nocturnal and often live near people, but people often never know they are there," Gehrt explains.

"Most coyotes are harmless; their goal is to eat more natural foods such as mice and rabbits. However, coyotes are opportunistic. If coyotes see easy food — such as open garbage — and aren't afraid, they may take advantage.

That puts pets in direct line for confrontation with pets. Coyotes aren't interested in eating pets, these are territorial disputes."

Coyotes maintain healthy numbers in urban areas. About 30 percent of country-living coyotes live to see a new year; in the city, that survival rate is 58 percent. Diseases have little impact on urban coyotes; their biggest cause of death is automobiles.

Trappers and hunters have some effect on rural coyote populations. "There are a number of

sportsman's clubs dedicated to coyote hunting in Illinois. People hunt and trap them for their pelts and to decrease their numbers. Hunting and trapping provide many benefits, especially in helping maintain a balance between coyotes and people," Gehrt says.

"I have a couple recommendations for Chicagoans," Gehrt intones.

"Follow simple precautions to keep your pets safe, and enjoy watching these urban wonders when you get a chance. They really are quite amazing."

For more information on coyotes in Illinois, contact Illinois DNR at (217) 782-6384. Learn more about coyotes by visiting the Fur Hunting and Trapping in Illinois Web site at [dnr.state.il.us/orc/wildlife](http://dnr.state.il.us/orc/wildlife)

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## GALLEY 535 MENU

For November 6-12

MONDAY

Breakfast	Lunch	Dinner
Oven-fried bacon Baked sausage links Grilled ham slices Rosemary potatoes Texas French toast w/ syrup Fresh fruit bar Assorted cold cereal Hard-boiled eggs Scrambled eggs	Eggs to order Ham, cheese, vegetable omelet Yogurt Doughnuts Bread and pastry bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Seven-bean soup Hot turkey w/ cheese sandwich Pizza puffs Seasoned fries Macaroni salad Corn Waxed beans Baked potato bar Salad bar
	Sugar cookies Bread bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Potato chowder soup Breaded chicken cordon bleu Tuna noodle casserole Chicken-flavored rice Macaroni salad California-blend vegetables Carrots
	Baked potato bar Salad bar Brownies Garlic bread Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	

TUESDAY

Oven-fried bacon Baked sausage links Grilled ham slices Rosemary potatoes Pancakes w/ syrup Fresh fruit bar Assorted cold cereal Hard-boiled eggs Scrambled eggs Eggs to order	Ham, cheese, vegetable omelet Yogurt Doughnuts Bread and pastry bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Pasta fagiola soup Chicken nuggets Barbecue pork sandwich Onion rings Italian pasta Peas Lyonnise carrots Baked potato bar Salad bar
	Strawberry shortcake Bread bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Chicken w/ wild rice soup Grilled pork chops Vegetable lasagna Au gratin potatoes Pasta Wisconsin-blend vegetables Asparagus Baked potato bar
	Salad bar Chocolate chip cookies Dinner rolls Butter, jams, jellies, peanut butter Bread bar Coffee, tea, milk Fruit juices	

WEDNESDAY

Oven-fried bacon Baked sausage patties Biscuits & chipped beef gravy Rosemary potatoes Texas French toast w/syrup Assorted cold cereal Hard-boiled eggs Scrambled eggs	Eggs to order Ham, cheese, vegetable omelet Fresh fruit bar Yogurt Doughnuts Bread and pastry bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Cream of mushroom soup Cajun chicken sandwich Italian beef sandwich w/ green peppers Red beans & rice Potato salad Cauliflower au gratin Green beans Baked potato bar
	Salad bar Brownies Bread bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Navy bean soup Fried chicken Garlic-butter fish Sour cream & chive potatoes Potato salad Succotash Baked potato bar Salad bar Spice cake Dinner roll
	Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	

THURSDAY

Oven-fried bacon Grilled ham slices Baked sausage links Rosemary potatoes Pancakes w/syrup Fresh fruit bar Assorted cold cereal Hard-boiled eggs Scrambled eggs Eggs to order	Ham, cheese, vegetable omelet Yogurt Doughnuts Bread and pastry bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Beef noodle soup Beer-battered fish Barbecue pork wings Waffle fries Coleslaw Corn-on-the-cob Capri-blend vegetables Baked potato bar Salad bar
	Cheesecake Bread bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Chicken noodle soup Salisbury steak Honey baked ham Mashed potatoes Brown gravy Italian-blend vegetables Sweet yams Normandy-blend vegetables
	Coleslaw Baked potato bar Salad bar Vanilla cupcakes Dinner roll Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	

FRIDAY

Oven-fried bacon Baked sausage links Grilled ham slices Rosemary potatoes Waffles w/ syrup Fresh fruit bar Assorted cold cereal Scrambled eggs Eggs to order	Ham, cheese, vegetable omelet Yogurt Doughnuts Bread and pastry bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Chicken tortilla soup Taco salad Pita wrap Mexican rice Italian pasta Refried beans Baked potato bar Salad bar Oatmeal cookies
	Bread bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	New England clam chowder Spaghetti w/ meat sauce Catfish Macaroni & cheese Italian pasta Fried cauliflower Green beans
	Baked potato bar Salad bar Ice cream cups Breadsticks Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	

SATURDAY

Continental Breakfast	Brunch	Dinner
Assorted cold cereal Yogurt Doughnuts Cookies Bread and pastry bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Breakfast Grill Tri-potato hash browns Biscuits & gravy Wisconsin cheese soup Beer bratwurst Baked beans Broccoli	TTomato soup Barbecue pork loin Chicken alfredo Fettuccine noodles Steamed broccoli Mixed vegetables Salad bar M&M cookies Dinner roll
	Salad bar Ice cream cups Bread and pastry bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices

SUNDAY

Assorted cold cereal Yogurt Doughnuts Cake Bread and pastry bar Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices	Breakfast Grill Breakfast potato Biscuits & gravy Chili soup Hot dogs Squash Cauliflower combo Salad bar	Chocolate chip/peanut butter cookies Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices
		Garden vegetable soup Jerk chicken Pot roast Scalloped potatoes Club spinach Corn Salad bar Peach cobbler
		Dinner roll Butter, jams, jellies, peanut butter Coffee, tea, milk Fruit juices

The food service officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit timely use of perishable foods.

# Navy names new aircraft carrier USS Gerald R. Ford

By DEPARTMENT OF DEFENSE

WASHINGTON (NNS) — Secretary of the Navy Donald C. Winter announced Jan. 16, the selection of Gerald R. Ford as the name of the first aircraft carrier in what will be the Gerald R. Ford class of carriers.

The selection honors the 38th President of the United States and pays tribute to his lifetime of service in the Navy, in the U.S. government and to the nation.

"President Gerald R. Ford provided the United States great leadership at a time of constitutional crisis," said Winter. "I am honored to have the opportunity to name the first ship in the new class of aircraft carriers after this great Sailor; this great leader; this great man."

Born in Omaha, Neb., in 1913, Ford grew up in Grand Rapids, Mich. He starred on the University of Michigan football team where he was a center and team most valuable player in

1934. After graduation he attended Yale Law School, where he served as assistant football coach while earning his law degree.

During World War II he attained the rank of lieutenant commander in the Navy, and served on the light carrier, the USS Monterey. After the war he returned to Grand Rapids, where he began the practice of law, and entered political life.

Ford was the first Vice President chosen under the terms of the Twenty-fifth Amendment and, in the aftermath of the Watergate scandal, succeeded the first President ever to resign; serving as the 37th Vice President (1973-1974) and the 38th President of the United States (1974-1977). Prior to becoming Vice President, he served for more than eight years as the Republican Minority Leader of the House of Representatives as a representative from Michigan's 5th congressional district.



U.S. Navy photo by MCC Shawn P. Eklund

Washington, D.C. - Susan Ford Bales, daughter of President Gerald R. Ford, speaks to an audience of 300 during the official naming ceremony of the USS Gerald R. Ford (CVN 78), the first aircraft carrier in the Ford class of carriers.